

# 11th Grade Expedition Kick-off

## Friday, January 24th

### Overview:

The 11th grade will kick off their Spring Learning Expedition on Friday, January 24th at the South Yuba Club. Students will be transported to and from by SAEL approved drivers. At the South Yuba Club, students will take part in a group exercise on stationary bikes followed by an introduction and overview of their upcoming learning expedition. We will return to SAEL in time for normal 1:30 PM dismissal.



### Waivers:

The SAEL waiver needs to be signed and returned to school. In addition, the South Yuba Club has a separate waiver that also must be filled out. Without both waivers, you will be unable to participate in the kick-off event.

### Equipment:

- Athletic shoes
- Clothes suitable for a full hour or intense exercise
- Water bottle

Mark your calendars, the overnight Fieldwork for the 11th grade this semester is to San Francisco and will take place on February 25th to 28th. More information will be forthcoming.